

Los Delfines

COCINA CONTEMPORÁNEA



Juices

Orange / 355 ml	\$ 65
Grapefruit / 355 ml	\$ 65
Green / 355 ml	\$ 65
Orange juice, pineapple, spinach and celery.	
Beet and Orange / 355 ml	\$ 75

Smoothies

Digestive / 355 ml	\$ 85
Yogurth, strawberry, papaya and nut.	
Anti-Flu / 355 ml	\$ 85
Orange juice, strawberry and guava.	
Antioxidant / 355 ml	\$ 85
Beet, orange juice, pineapple, strawberry and guava.	

Hot Beverages

American Coffee / 355 ml	\$ 55
Tea at your Choice / 355 ml	\$ 55
Black, chamomile, green.	
Chocolate / 355 ml	\$ 60

Specialty in Coffee

American Gourmet Coffee / 355 ml... \$	55
Chiapas, Oaxaca, Veracruz.	
Capuccino / 355 ml	\$ 75
Latte / 355 ml	\$ 75
Espresso / 355 ml	\$ 70

Healthy

Fruit Plate	\$ 95
Fruit Plate w/ Cottage Cheese	\$ 105
Oatmeal	\$ 95

Sweet Corner

Pancakes	\$ 145
With strawberry and banana.	
French Toast / 3 pc.	\$ 145
Sweet Bread	\$ 25

Chilaquiles

Red or Green Sauce w/ Chicken	\$ 175
Poblano Style	\$ 175
Poblano Style w/ Chicken	\$ 185
Creamy Red Chilaquiles	\$ 175
Creamy Red Chilaquiles w/ Chicken ..	\$ 175

With refried beans and cheese.

Eggs at Your Choice

Fried	\$ 150
Scrambled	\$ 150
Mixed	\$ 150
Ranchero Style	\$ 150
Delfines	\$ 150

One ingredient at your choice: ham, sausage, Mexican sausage, bacon. With beans and cheese.



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Omelettes

Classic.....	\$ 165
With ham and Chihuahua cheese.	
Mazatlan Style.....	\$ 190
Stuffed with shrimp, Chihuahua cheese and homemade sauce.	
Vegetarian.....	\$ 170
Spinach, bell pepper, pumpkin, mushrooms, tomato and onion.	

With hash brown, pumpkin and saute onion.

Specialties

Mochomitos.....	\$ 180
Shredded beef (80 g) with onion, panela cheese, eggs at your choice (fried or scrambled) and beans.	
From the Ranch.....	\$ 180
Bistec ranchero (100 g), frijoles, queso y chilaquiles rojos.	
From the Barnyard.....	\$ 190
Chicken fajitas (100 g), green bell pepper, guacamole, beans, eggs at your choice (fried or scrambled).	
Ranchero Style Shrimp.....	\$ 205
Shrimp (100 g), refried beans, chilaquiles in green sauce.	
San Lucas.....	\$ 210
Shrimp (100 g), chilaquiles in red sauce, egg at your choice (fried or scrambled), beans.	
El Quemado.....	\$ 190
Pork (160 g) in green sauce, red chilaquiles and beans.	

Extras

Ham.....	\$ 55
Sausage.....	\$ 55
Bacon.....	\$ 55
Mexican Sausage.....	\$ 55
Egg.....	\$ 55
Avocado.....	\$ 55
Chilorio.....	\$ 55
Hash Brown.....	\$ 55
Beans.....	\$ 55

Orders are not sold separately.

**Bon
Appetite!**

Our prices are in Mexican pesos and include 16% tax (IVA). The weights of the main course portions represent the weight of the protein before cooking. Consuming raw or semi-raw eggs, fish and meat are consumed at your own risk. All our alcoholic beverages are served measuring 42 ml (1.4 oz) per glass and can be served with a 355 ml (12 oz) soft drink.

